

What's Tested?

MRT 170 Profile

Available February 2018

MRT 170					
Almond	Celery	Grape	Olive	Shrimp	Chemicals:
Amaranth	Chard	Grapefruit	Onion	Sole	Acetaminophen
American cheese	Cheddar cheese	Green bean	Orange	Soybean	Aspartame
Apple	Cherry	Green pea	Oregano	Spelt	Benzoic acid
Apricot	Chicken	Green pepper	Papaya	Spinach	Caffeine
Asparagus	Cinnamon	Halibut	Paprika	Strawberry	Candida albicans
Avocado	Clam	Hazelnut	Parsley	Sunflower seed	Capsaicin
Banana	Cocoa	Honey	Peach	Sweet potato	FD&C Blue #1
Barley	Coconut	Honeydew	Peanut	Tapioca	FD&C Blue #2
Basil	Codfish	Hops	Pear	Tea	FD&C Green #3
Beef	Coffee	Kale	Pecan	Tilapia	FD&C Red #3
Beet	Coriander seed	Kamut	Pineapple	Tomato	FD&C Red #4
Black pepper	Corn	Lamb	Pinto bean	Tuna	FD&C Red #40
Blueberry	Cottage cheese	Leek	Pistachio	Turkey	FD&C Yellow #5
Bok choy	Cow's milk	Lemon	Plum	Turmeric	FD&C Yellow #6
Broccoli	Crab	Lentil	Pork	Vanilla	Fructose (HFCS)
Brussels sprouts	Cranberry	Lettuce	Pumpkin (flesh)	Venison	Ibuprofen
Buckwheat	Cucumber	Lima bean	Quinoa	Walnut	Lecithin (soy)
Butternut squash	Cumin	Lime	Rainbow trout	Watermelon	MSG
Cabbage	Date	Mango	Raspberry	Wheat	Phenylethylamine
Cane sugar	Dill	Maple syrup	Red kidney bean	White potato	Polysorbate 80
Cantaloupe	Egg white	Millet	Rice	Yeast-bakers/brewers	Potassium nitrate
Cardamom	Egg yolk	Mint	Rooibos tea	Yogurt	Potassium nitrite
Carob	Eggplant	Mung bean	Rosemary	Whey	Saccharin
Carrot	Flax seed	Mushroom	Rye	Zucchini	Salicylic acid
Cashew	Garbanzo bean	Mustard (seed)	Salmon		Sodium metabisulfite
Catfish	Garlic	Navy bean	Scallion		Sodium sulfite
Cauliflower	Ginger	Nutmeg	Scallop		Solanine
Cayenne pepper	Goat's milk	Oat	Sesame seed		Sorbic acid
					Tyramine

Lila Ojeda, MS, RDN, CSCS, RYT, CLT
 Registered Dietitian Nutritionist, Personal Trainer
 Yoga/Pilates, Certified LEAP Therapist
503.789.9707 * www.LO-Solutions.com
Saving Lives since 2000

→ **Email Lila to get started with MRT/LEAP:**
It's time to heal your body & gut, decrease inflammation,
and eliminate symptoms long term - without deprivation!
Lila@LO-Solutions.com